

By JOHN CLARE

JOHN DAY is convinced his family have had a close encounter with creatures from another planet after driving through a green mist.

He says the strange beings were 7ft tall, pink-eyed and communicated by telepathy.

His amazing story emerged under hypnosis after John, a 33-year-old student, and his wife Sue had nightmares about their experience.

He says: "I had never really believed in UFOs before this happened. Now I'm convinced aliens are here, and only show themselves when they want to."

The couple's close encounter happened on a moonlit night as they drove to their Essex home.

They had been visiting Sue's parents in Harold Hill and the journey home normally takes 30 minutes.

But after driving through the mist, John and Sue arrived to find three hours had mysteriously passed.

The clock on their mantelpiece showed it was 12.45 a.m.—yet they had set out at 9.20 p.m. that evening.

Bizarre

Then the couple began to have the same bizarre dream that they were on an operating table being examined by aliens.

The dreams became so vivid the couple were afraid to go to bed.

Finally John contacted a group which researches UFOs, in the hope of finding out what really happened that night.

He was taken to one of Britain's leading hypnotists, dentist Leonard Wilder.

Under hypnosis John recalled how a white light followed and finally zoomed across in front of his car on a lonely road.

Then a beam of light transported the couple and their car aboard an alien spacecraft parked in a nearby field. John told me:

"We found ourselves in a giant room. I was standing next to two or three beings. They were about seven feet tall, and all dressed in a one-piece costume.

It was like a silver-grey stocking, with a balaclava-type hood which came halfway up their faces.

The most startling thing about them was their eyes. They were bright pink, and they had eyelids.

I found I knew what they wanted me to do. I think they communicated with me by telepathy. I knew they wanted me to walk across the room, so I did.

Ugly

There was a kind of doorway, leading to another room. We all went through it.

This was obviously an examining room, and they asked me to lie on what looked like an operating table, I did so and a metal arm swung over me.

I got the impression it was scanning me. Then some smaller beings appeared. They were very squat and ugly, almost dwarflike.

Only one seemed concerned with me. He kept prodding me with a pen-shaped object. I think he took a sample of my hair.

After a while, he seemed to have finished and I asked if I could see around the ship. They agreed and I was taken into what looked like a rest room.

On a table, which was moulded into the wall, like the rest of the furniture, I saw a game.

Idea

It was a pile of cubes, which had magnets on every side. The idea of the game was to build the small cubes into a big one.

Towards the end of the tour the aliens left me alone in a room and suddenly an incredibly beautiful woman walked in.

She looked just like an earth woman — about 5ft 6in tall.

She had bright gold hair, and all around her there was a grey mist. She really was beautiful. She walked towards me, and I took one step towards her.

Then suddenly she vanished, and the men were back.

Soon after the visit was

over, and the next I know I was driving down the road again.

The beings kept telling me they were friendly and I enjoyed it immensely.

Sue, a 29-year-old nursery nurse, refused to be hypnotised because she did not want to relive the experience.

But she told me: "When I lay on the operating table they painted me with a mauve liquid. Then they washed it off, and started examining me.

Scream

"They prodded me all over with a pen-like object, and didn't spare my blushes. Then I started screaming.

"One of the tall beings came over and put his

hand on my forehead. I went out like a light. I had obviously annoyed them.

"Later, when they took me on a tour around the ship they showed me a screen and said, 'That is Earth.'

"They pointed out England on it. Then we seemed to zoom in, and they showed me where I lived.

"They did not actually speak, but I could tell what they were thinking.

"I told the beings I didn't want to go back. I asked if I could stay on the craft, and they said I could.

"I saw John climb into the car, and it started to vanish. As it disappeared, I said I had changed my mind, and wanted to go back. Then I found myself sitting in the car."

Hypnotist Mr Wilder,



John at the spot where he said he met the aliens

said: "I have no doubt that Mr Day is telling the truth. He could not possibly have lied while he was in the trance.

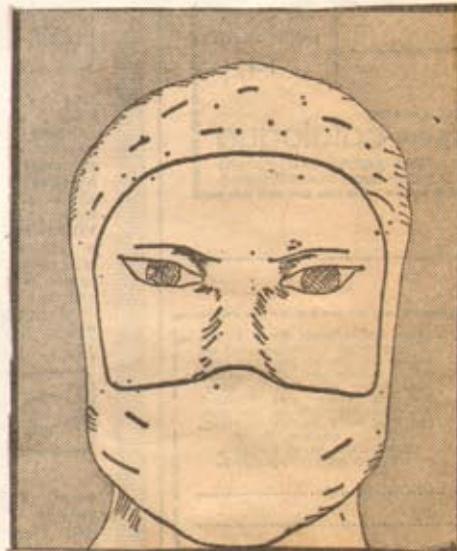
"I say this because when I first hypnotised him I conditioned him to tell only the truth, both consciously and subconsciously."

Reason

Mr Barry King, member of the UFO Investigators Network, said: "We've made exhaustive inquiries and are convinced this couple had a close encounter.

"Certain aspects of it are similar to other abductions, like the design and furnishing of the rooms. We can find no reason to doubt its authenticity."

'I went on a spaceship and met the 7ft aliens'



THE ALIENS: John's sketch of the creatures